

Genitourinary Symptoms of Menopause – Checker

As stated in NICE guidelines on menopause blood hormone tests are not indicated to diagnose menopause in a woman over 45 years of age experiencing menopause symptoms.

SYMPTOM	YES	NO	DETAILS
VAGINAL/VULVAL DRYNESS			
VAGINAL/VULVAL SORENESS			
VAGINAL/VULVAL IRRITATION			
VAGINAL/VULVAL PAIN			
VAGINAL/VULVAL BURNING			
SKIN THINNING OR SPLITTING			
LABIA SHRINKING			
CLITORAL SHRINKING/PAIN			
WATERY DISCHARGE			
PAINFUL EPISIOTOMY SCAR			
ABNORMAL VAGINAL BLEEDING			
PAINFUL INTERCOURSE			
BLEEDING AFTER INTERCOURSE			
REPEATED URINARY INFECTIONS			
URGE URINARY INCONTINENCE			
STRESS INCONTINENCE			
PELVIC ORGAN PROLAPSE			
PAINFUL SMEAR TEST			